Session Bundles



FOR MANAGERS: Research-based session recommendations from our workplace development experts.

New Managers

For people leaders less than 2 years into their role.

- 1. Effective Communication
- 2. Building Strong Team Dynamics
- 3. Elevate Emotional Intelligence
- 4. Problem Solving
- 5. Critical Thinking
- 6. Executive Presence
- 7. Empathy and Compassion at Work
- 8. Leadership Essentials

Managers

For experienced people leaders managing teams and daily operations

- 1. Leadership Essentials
- 2. Empathy and Compassion at Work
- 3. Resilience Leadership
- 4. Conflict Resolution and Management
- 5. Strategic Decision-Making
- 6. Creative Thinking and Innovation
- 7. Business Acumen
- 8. Time Management

Frontline Managers

For managers leading frontline, customer support, or hourly teams.

- 1. Effective Communication
- 2. Building Strong Team Dynamics
- 3. Elevate Emotional Intelligence
- 4. Problem Solving
- 5. Critical Thinking
- 6. Executive Presence
- 7. Business Acumen
- 8. Time Management

Session Bundles



BY ROLE: Research-based session recommendations from our workplace development experts.

New Hires

For employees in their first 0-12 months at the company

- 1. Building Strong Team Dynamics
- 2. Develop a Culture of Inclusion
- 3. Foster Collaboration
- 4. Conflict Resolution and Management
- 5. Motivating People for Performance
- 6. Coaching and Feedback
- 7. Effective Communication
- 8. Critical Thinking

High Potential (ICs)

For employees preparing to step into their first leadership role

- 1. Effective Communication
- 2. Elevate Emotional Intelligence
- 3. Managing Stress in the Workplace
- 4. Time Management
- 5. Productivity and Organizational Skills
- 6. Critical Thinking
- 7. Empathy and Compassion at Work
- 8. Negotiation and Influence

Senior Leaders

For directors and senior leaders driving strategy and culture

- 1. Develop a Culture of Inclusion
- 2. Motivating People for Performance
- 3. Coaching and Feedback
- 4. Managing Change
- 5. Leading Difficult Conversations
- 6. Maximizing the Impact of 1:1s
- 7. Strategic Decision-Making
- 8. Digital Leadership